

WOWCHER 2 COURSES & A DRINK



TGI FRIDAYS

2 COURSES

CREATE A 2 COURSE MEAL WITH YOUR CHOICE OF APPETIZER AND MAIN

APPETIZERS

NEW **MOZZARELLA DIPPERS** **V** 412 kcal
With marinara sauce 28 kcal or chilli jam 95 kcal

FRIDAYS™ SESAME CHICKEN STRIPS 504 kcal
Tossed in our Fridays™ Legendary Glaze, topped with toasted sesame seeds and chilli flakes
PLANT-BASED OPTION ALSO AVAILABLE

FRIDAYS™ CORNDOGS 470 kcal
Beechwood smoked hotdogs in crispy batter, drizzled with ketchup & mustard with honey mustard dip

NEW **CHEESE NACHOS** **V** 443 kcal
Corn tortillas topped with Cajun cheese sauce, pickled jalapeños, guacamole, tomato & chilli salsa, pink pickled onions, sour cream and coriander

MAINS

Unless stated all mains are served with your choice of house fries 524 kcal or house salad 75 kcal

NEW YORK STRIP 1247 kcal +5.50
Flame grilled prime centre-cut 8oz** sirloin steak seasoned with steak rub, house fries, blue cheese lettuce wedges, Cajun spiced onion rings, cherry tomatoes and your choice of sauce
Your choice of sauce:
FRIDAYS™ LEGENDARY GLAZE 83 kcal
PEPPERCORN SAUCE 26 kcal
NEW **BBQ SAUCE** 61 kcal

NEW **FRIDAYS™ GLAZED SMASHED BURGER** 816 kcal
Two 100% beef patties with American-style cheese, Fridays™ Legendary Glaze, crispy bacon, with lettuce, tomato, red onion, dill pickle and Fridays™ burger mayo

NEW **BIG CHEESE DIPPER SMASHED BURGER** 1168 kcal +5.50
Three 100% beef patties with American-style cheese, mozzarella dippers, crispy bacon, lettuce, tomato, red onion, dill pickle and Fridays™ burger mayo

FRIDAYS™ GLAZED CHICKEN BURGER 591 kcal
Flame grilled chicken breast coated in our Fridays™ Legendary Glaze, American-style cheese and crispy bacon with lettuce, tomato, red onion, dill pickle and Fridays™ burger mayo



V VEGETARIAN **VG** VEGAN **🔥** SPICY

FRIDAYS™ CHEESE & MAPLE BACON LOADED POTATO SKINS 380 kcal
Loaded with melted Colby cheese and maple bacon with sour cream on the side for dipping
PLANT-BASED OPTION ALSO AVAILABLE

FRIDAYS™ WINGS 594 kcal
Chicken wings tossed in our Fridays™ Legendary Glaze, topped with toasted sesame seeds and chilli flakes

BONELESS HOT WINGS **🔥** 608 kcal
Crispy chicken breast chunks tossed in Frank's® RedHot sauce with a blue cheese dip

NEW **VEGAN BURGER** **VG** 702 kcal
Plant-based patty topped with Applewood cheese, lettuce, burger mayo, tomato, red onion and dill pickle

FRIDAYS™ SESAME CHICKEN STRIPS 892 kcal
Tossed in our Fridays™ Legendary Glaze, topped with toasted sesame seeds and chilli flakes
PLANT-BASED OPTION ALSO AVAILABLE

MEATLESS FRANK'S® REDHOT STRIPS **VG** **🔥** 897 kcal
Plant-based chicken tossed in Frank's® RedHot sauce, with extra sauce for dipping

CAJUN SPICED CHICKEN FAJITA* **🔥** 908 kcal
Guacamole, fresh salsa, cheese, sour cream and coriander, with soft flour tortillas on the side

MEATLESS CHICKEN FAJITAS* **VG** **🔥** 912 kcal
Plant-based chicken, guacamole, fresh salsa, marinara, topped with avocado & lime dressing and coriander, with soft flour tortillas on the side

UPGRADE YOUR FRIES +2.90

SWEET POTATO FRIES **V** 341 kcal

NEW **CHEESE & MAPLE BACON LOADED FRIES** 982 kcal

PLANT-BASED LOADED FRIES **VG** 676 kcal

NEW **POTATO TOTS** **VG** 332 kcal

Dish does not come with a side of house fries or house salad. **Weight approx uncooked

Adults need around 2000 kcal a day. Please inform your server of any allergies or intolerances before you order. Unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens and bars. Vegan food may be cooked using the same equipment as non-vegan food. Meat and fish may contain small bones.

† Terms & Conditions: Two courses & a drink is only available as part of the above promotion, consisting of one appetizer, one main course and a drink per person. This promotion may be terminated or changed at any time and is subject to participating restaurants whilst stocks last. This promotion is not available in conjunction with any other food offer or discount. New York Strip and Big Cheese Dipper Smashed Burger require a +£5.50 supplement which is payable on the day.

FRUITY FUSIONS

Hurricane

Weather the fruity storm with our new 'Hurricane' a tropical swirl of Dead Man's Fingers White Rum, passion fruit juice, zesty lemon & lime, with a drizzle of grenadine

Applejack Cooler

We've combined MONTZI Botanical Spirit, Jack Daniel's Tennessee Apple™, a splash of zesty lemon and apple juice. To keep things cool and crisp, we've added a refreshing layer of lemonade

Sex On The Beach

An amalgamation of orange juice, Peach Schnapps, Stoli® Vodka, cranberry juice and a swirl of grenadine. This fruity fusion is the perfect recipe for beachy bliss

Paradise Punch

A blend of Southern Comfort, Luxardo Amaretto, Stoli® Vodka, pineapple juice, orange juice, grenadine and lime. It's a fruity combination that promises paradise in every sip

Cherry Coke

Experience the nostalgia of a 'Cherry Coke' like never before. This delightful creation combines MONTZI Sour Cherry Aperitivo with Coca-Cola™ Zero, garnished with a trio of speared cherries

#Instafamous

A vibrant potion of cranberry juice, Stoli® Vodka, JJ Whitley Pink Gin, vanilla syrup, apple juice, passion fruit juice and orange sorbet. This concoction is ready to make your taste buds famous



Paradise Punch

Cherry Coke

Hurricane

REFRESH & REVIVE

0% alcohol mocktails with 100% flavour.

Passionate Sunrise

This refreshing concoction blends passion fruit juice, a burst of lemon & lime, a touch of grenadine for a sweet kiss and an enchanting orange juice float 135 kcal

Strawberry Fields

This blissful blend combines ripe strawberries, crisp apple juice, elderflower, a hint of vanilla, zesty lemon and the effervescence of soda water 166 kcal

Tropical Sunshine

This radiant fruity blend features pineapple juice, orange juice, a splash of lemon & lime, exotic passion fruit and the sparkle of soda water 99 kcal

Sweet By Choice

This delightful concoction starts with raspberries at the base of the glass, serving as the canvas for the delicious blend of passion fruit, apple juice and lime, all built over a bed of crushed ice 178 kcal

Sober Loader

A blend of passion fruit, elderflower, passion fruit juice and orange sorbet into a tropical whirlpool. For the grand finale, a splash of cranberry juice to take it to the next level 149 kcal

Raspberry Crush

Blended ripe raspberries, zesty cranberry juice, lemon & lime and the sweet tang of orange sorbet creates a fruity medley bursting with flavour 269 kcal

Passionate Sunrise

Sober Loader

Sweet by Choice

SOFTS

SODAS

Coca-Cola™ Single Serve 161 kcal
Coca-Cola™ Icon Bottle 330ml - 139 kcal
Diet Coke Icon Bottle 330ml - 1 kcal
Fanta 330ml bottle - 63 kcal
Dr Pepper 330ml can - 66 kcal
Appletiser 275ml bottle - 155 kcal
100% apple juice with a touch of sparkle
Monster Mango Loco® 500ml can - 239 kcal
Energy Juice*
Red Bull Original* 250ml can - 115 kcal

STILL OR SPARKLING WATER

Natural English Spring Water
330ml bottle - 0 kcal

TONICS

Schweppes 125ml
Choose from Tonic 26 kcal or
Slimline Tonic 3 kcal

HOT DRINKS



Espresso Single 9 kcal
Espresso Double 11 kcal
Americano
Served black 6 kcal
or with milk 21 kcal
Cappuccino 170 kcal
Latte 166 kcal
Mocha 171 kcal
Hot Chocolate 177 kcal
Add whipped cream +65 kcal
Twinings Tea 2 kcal
English Breakfast, Peppermint,
Earl Grey, Green Tea

ENDLESS REFILLS

Non-stop, free refills
Coca-Cola™ Zero Sugar 1 kcal
Diet Coke 1 kcal
Schweppes Lemonade 9 kcal

FRUIT JUICES

Apple 84 kcal
Cranberry 43 kcal
Orange 77 kcal

J20

Orange & Passionfruit
275ml bottle 52 kcal
Apple & Raspberry
275ml bottle 52 kcal



*We are unable to serve energy drinks to unaccompanied guests aged 16 or under. Adults need around 2000 kcal a day.
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any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens and bars.

BEERS & CIDERS

DRAUGHT & BEER FLIGHTS

Range varies by restaurant. Ask your server for details

BOTTLES

Budweiser 330ml - 4.5% ABV

Corona Extra 330ml - 4.5% ABV

Peroni Nastro Azzurro Gluten Free
330ml - 5% ABV

Heineken 330ml - 5% ABV

Heineken 0.0 330ml - 0% ABV - 69 kcal

CIDER

Angry Orchard Hard Cider 500ml - 5% ABV
Old Mout Cider Strawberry & Apple 500ml -
4% ABV

Old Mout Cider Berries & Cherries 500ml -
4% ABV

Old Mout Cider Kiwi & Lime 500ml - 4% ABV

Old Mout Cider Berries and Cherries A-F*
500ml - 0% ABV - 170 kcal



Adults need around 2000 kcal a day.
*Old Mout Cider Berries and Cherries Alcohol-Free