

## MAINS

Choose your dish and two sides
All our dishes come with tasty sticks of apple, cucumber and carrot 24 kcal heip fivera-day!

## Crispy Chicken Tenders

Golden crispy chicken tenders 213 kcal Smaller portion available 142 kcal

## Chicken Burger

Crispy chicken tenders, lettuce, mayo and tomato 297 kcal
Swap to grilled chicken 251 kcal

## Tomato Tubes va

Penne pasta with a tasty
tomato sauce 298 kcal
Smaller portion available 218 kcal
Add cheese v +55 kcal

## Fish Fingers

Breaded Omega 3 rich fish fingers 239 kcal Smaller portion available 119 kcal

## Fridays ${ }^{\mathrm{TM}}$ Hotdog

American style pork hotdog 314 kcal

## Beef Burger

$100 \%$ beef patty and tomato 276 kcal Add cheese +77 kcal

## NEW Chicken Fajita Wrap

Chargrilled chicken served with mixed peppers, lettuce, cheese, sour cream and tomato in a tortilla wrap 305 kcal

## NEW Quesadilla (

Cheese, mixed peppers and tomato in a grilled tortilla wrap 340 kcal

NEW Plant-Based Bites va
Crispy plant-based strips 249 kcal
Smaller portion available 191 kcal

## SIDES

Choose any two

# House Fries va 208 kcal Sweet Potato Fries (V) 190 kcal Garlic Ciabatta (va) 128 kcal 



Free Heinz Baby Food Available
Please speak to a team member for more details.


Make. AWish
© vegan vegetarian


