TGI FRIDAYS®

ALLERGENS INFORMATION

INTERPRETING THE DATA

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products and has been collated and verified. All reasonable steps have been taken to ensure the information is accurate. However, there is no guarantee any product is '100% FREE FROM' any allergen due to the risk of cross-contamination risk in production, supply and preparation, or if any ingredient has been substituted by suppliers or the use any alternative suppliers after the date of this document.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

NB the staff need to be informed of your allergy every time you dine with us – even if you have eaten the dish before – so that every precaution can be taken in our kitchen to prevent cross-contamination.

The tick in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Gluten is a protein component of wheat, rye, barley and oats. If you are intolerant to gluten then please consult the 'gluten present' column. If the column contains '<20PPM', this indicates the product contains gluten at a level of less than 20 parts per million (PPM) and is therefore suitable for gluten intolerant guests.

The tree nut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives.

KEY

✔	Dish / product **contains allergen** and is therefore not suitable for you if you suffer from this allergy.
	No tick means the **allergen is not part of the product** as it is delivered by the supplier.
C	Allergen is present in the manufacturing site/factory/supply chain and our suppliers believe there is a **significant risk that this allergen could cross-contaminate** the food.
<20PPM	Product contains gluten at a level of **less than 20 parts per million (PPM)** and is therefore suitable for gluten intolerant guests.

VEGAN CHOICES

	GLUTEN present	EGG /egg products present	FISH products present	PEANUT products present	SOYA /soya products present	MILK /milk products present	TREE NUTS /tree nut derivatives present	CELERY products present	MUSTARD products present	CRUSTACEAN products present	SESAME products present	SULPHITES present above 10ppm	LUPIN products present	MOLLUSC products present	Suitable for VEGETARIANS	Suitable for VEGANS
VEGAN APPETIZERS																
GARLIC CIABATTA BREAD	✔										C				✔	✔
AVOCADO HOUMOUS	✔										✔	✔			✔	✔
PINEAPPLE & JALAPEÑO EDAMAME BEANS					✔							✔			✔	✔
SMOKED TOMATO BRUSCHETTA	✔										C	✔			✔	✔
VEGAN MAINS																
FRIDAYS® VEGAN BURGER	✔				✔			✔				✔			✔	✔
ROASTED VEGETABLE ALFREDO PASTA	✔				✔			✔							✔	✔
ROASTED VEG FAJITAS	✔				✔							✔			✔	✔
VEGETABLE SKEWERS	<20PPM							✔				✔			✔	✔
VEGAN SIDES																
CRISPY FRIES	<20PPM							✔				✔			✔	✔
SEASONAL VEG															✔	✔
SPICY RICE															✔	✔
VEGAN DESSERTS																
FRESH FRUIT & ORANGE SORBET SUNDAE															✔	✔