TGI FRIDAYS®

ALLERGENS INFORMATION

INTERPRETING THE DATA

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products and has been collated and verified. All reasonable steps have been taken to ensure the information is accurate. However, there is no guarantee any product is '100% FREE FROM' any allergen due to the risk of cross-contamination risk in production, supply and preparation, or if any ingredient has been substituted by suppliers or the use any alternative suppliers after the date of this document.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

NB the staff need to be informed of your allergy every time you dine with us – even if you have eaten the dish before – so that every precaution can be taken in our kitchen to prevent cross-contamination.

The tick in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Gluten is a protein component of wheat, rye, barley and oats. If you are intolerant to gluten then please consult the 'gluten present' column. If the column contains '<20PPM', this indicates the product contains gluten at a level of less than 20 parts per million (PPM) and is therefore suitable for gluten intolerant guests.

The tree nut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives.

KEY

✔ Dish / product **contains allergen** and is therefore not suitable for you if you suffer from this allergy.

(blank) No tick means the **allergen is not part of the product** as it is delivered by the supplier.

C Allergen is present in the manufacturing site/factory/supply chain and our suppliers believe there is a **significant risk that this allergen could cross-contaminate** the food.

<20PPM Product contains gluten at a level of **less than 20 parts per million (PPM)** and is therefore suitable for gluten intolerant guests.

GLUTEN INTOLERANT CHOICES

GLUTEN present	EGG /egg products present	FISH products present	PEANUT products present	SOYA /soya products present	MILK /milk products present	TREE NUTS /tree nut derivatives present	CELERY products present	MUSTARD products present	CRUSTACEAN products present	SESAME products present	SULPHITES present above 10ppm	LUPIN products present	MOLLUSC products present	Suitable for VEGETARIANS	Suitable for VEGANS
APPETIZERS															
AVOCADO HOUMOUS															
										✔	✔			✔	✔
PINEAPPLE & JALAPEÑO EDAMAME BEANS															
				✔						C	✔			✔	✔
LOADED SKINS: FIRE-ROASTED VEG															
					✔									✔	
LOADED SKINS: BACON															
					✔										
CHEESE NACHOS															
					✔						✔			✔	
STEAK OPTION															
7oz FILLET STEAK															
8oz SIRLOIN STEAK															
12oz RIBEYE															
STEAK SAUCE & SALAD OPTION															
BLUE CHEESE & PEPPERCORN															
					✔		✔								
BBQ SAUCE															
								✔						✔	✔
HONEY MUSTARD & TOMATO WEDGE SALAD															
	✔							✔						✔	✔
RIBS															
BBQ RIBS: HALF RACK															
<20PPM								✔							
BBQ RIBS: FULL RACK															
<20PPM								✔							

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HANDCRAFTED BURGERS															
CHEESEBURGER DELUXE															
<20PPM	✔				✔			✔							
BBQ RIB TICKLER															
<20PPM	✔						✔	✔							
CLASSIC AMERICAN															
<20PPM	✔							✔							
CHICKEN & FISH															
BBQ CHICKEN															
					✔			✔							
CHARGRILLED SALMON															
		✔													
CHEEKY EXTRAS															
HOUSE SALAD: RASPBERRY & CHILLI DRESSING															
								✔						✔	✔
APPLE SLAW															
	✔							✔						✔	
CRISPY FRIES															
														✔	✔
SEASONAL VEG															
														✔	✔
CREAMY MASH															
					✔									✔	
DESSERTS															
FRESH FRUIT SUNDAE															
														✔	✔
POPCORN SUNDAE															
			C	✔	✔	C								✔	